

LOCAL TEEN SELECTED TO ATTEND HEALTHY HABITS SUMMIT DURING PGA TOUR EVENT

Pineville, Ky 1/7/14 – **Jay Phillips** from The First Tee of Pine Mountain has been selected to attend <u>The First Tee Nine Healthy Habits Summit</u> in La Quinta, Calif., Jan. 12-15. The summit will be held in conjunction with the <u>2014 Humana Challenge</u> in partnership with the Clinton Foundation's Health Matters Initiative Conference and the Clinton Foundation PGA TOUR tournament.

The First Tee Nine Healthy Habits Summit, sponsored by Humana and GoHealth is a new interactive educational event aimed at inspiring teens to take ownership of their own health and contribute to healthier communities. During the summit, participants will hear from industry experts on the principals of emotional, physical and social wellness. They will have the honor of participating in Chelsea Clinton's Day of Action and attending the Clinton Foundation Health Matters Conference during the early part of the Humana Challenge tournament week. They also will have the opportunity to interact with the management team of the Humana Challenge golf tournament to gain insights on how a PGA TOUR event is organized and managed from behind the scenes.

"Jay is an exceptional young man and has been dedicated to our chapter", says Jan Gann, Executive Director of The First Tee Pine Mountain. "This opportunity should serve him well as he works toward his future goals. We are so proud that he was selected to attend this event and count on him to return and share his experience with other chapter members."

Phillips states, "I am honored to be selected to attend this once in a lifetime experience. I will have the opportunity to meet President Bill Clinton, Chelsea Clinton, Kobe Bryant and others. A section of the summit, an ESPN Townhouse Discussion, will air on ESPN 2 February 9. I look forward to bringing newfound knowledge back to Harlan and the First Tee of Pine Mountain."

Phillips, 17, is a junior at Harlan County High School in Baxter, Kentucky. He has been active in The First Tee of Pine Mountain since age six and recently represented the local chapter at Auntie Ann's Leadership and Entrepreneurship Conference in Orlando, Florida. As a volunteer, he mentored 70 program participants this past summer.

Phillips' other activities include Boy Scouts of America, Kentucky Governor's Cup Academic Team at Harlan County High School, Gifted Leadership, HOBY Ambassador and a Rogers Scholar. He is the son of Jeff and Karen Phillips of Harlan.

<u>The First Tee Nine Healthy Habits</u> are nine health and wellness topics: energy, play, safety, vision, mind, family, friends, school and community.

Jay Phillips will join 23 other participants from The First Tee, ages 13-18, to participate in this national event.

For more information about The First Tee of Pine Mountain, visit www.thefirstteepinemountain.org. To request an interview with Jay Phillips or the Executive Director, call 606-337-1066.

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